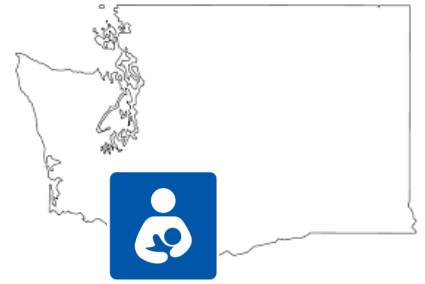


Clark County Breastfeeding Resources



Childbirth education & breastfeeding classes & support groups

[La Leche League of Vancouver](#)

360.213.5109
3205 NE 78th St. #100
Vancouver, WA 98665

[Milk Time Lactation](#)

360.721.0252
12214 SE Mill Plain Blvd
Vancouver, WA 98684

[PeaceHealth Southwest Medical Center](#)

400 NE Mother Jones Place (87th Ave & Mill Plain Blvd)
Vancouver 98664

Breastfeeding Help Line 360.514.4027
Classes & support groups 360.514.2229

[Legacy Salmon Creek Medical Center](#)

2211 NE 139th St
Vancouver, WA 98686
Breastfeeding Help Line 360.487.4050
Classes & support groups 360.487.3500, 3 then 1

Sea Mar Community Health Centers

5411 Mill Plain Blvd #28
Vancouver 98683
Free services for WIC/MSS clients; interpreters available
WIC Vancouver 360.397.8459
Battle Ground 360.687.7126
East Vancouver 360.726.6740
Washougal 360.835.7802 (ext.4811)
Breastfeeding Help Line 360.397.4370
Maternity Support Services 360.852.9092

Lactation counseling & support

[Birth Nerds Doula & Lactation](#)

Megan Douglas
360.524.3757
15504 NE 24th St
Vancouver, WA 98684

[Doula My Soul Lactation Services](#)

Bryna Sampey
360.545.3356
506 NE Everett St
Camas, WA 98607

[Luna Lactation and Wellness](#)

360.830.MILK (6455)
1906 NW 25th Ave, #10
Portland, OR 97210

[Nursing Mothers Counsel of Oregon](#)

<https://nursingmotherscounsel.org/>

[Nurse Family Partnership](#) (NFP)

Clark County Public Health
564.397.8440

[Sacred Roots Doula](#)

Linda Bryant-Daaka
503.284.8000
2915 NE Martin Luther King Blvd
Portland, OR 97212

Also (see above):

Legacy Salmon Creek Medical Center

[Milk Time Lactation](#)

[PeaceHealth Southwest Medical Center](#)

Sea Mar – WIC Community Health Centers

Perinatal mental health support

Perinatal Support Washington

Perinatalsupport.org
Warm line 1.888.404.7763 available 24 /7. Available in Spanish as well. Organizations can also order free handouts.

[Baby Blues Connections](#)

Warm line 800.557.8375
Text or call 24 hours a day

[Postpartum Support International](#)

Warm line 800.944.4773
Information about COVID-19

[Nursing Mothers Counsel of Oregon](#)

503.718.7084

Breast pumps & supplies

[Aeroflow Breastpumps](#)

844.867.9890
through insurance

[Synergy Breast Pumps](#)

971.209.2141
through insurance

Sea Mar—WIC Community Health Centers

[Nursing Mothers Counsel of Oregon](#)

503.718.7084

Also (see above):

[Milk Time Lactation](#)

Sea Mar WIC Community Health Centers

Know your rights

U.S. Department of Labor

[Fact Sheet #73: Break Time for Nursing Mothers](#)

Washington State Office of the Attorney General

[“Pregnancy and Breastfeeding Accommodations”](#)

The Civil Rights Division accepts complaints that an employer has failed to accommodate an employee's pregnancy. You may contact us at pregnancy@atg.wa.gov or by leaving a message on our toll-free line at 833.660.4877. You may also submit a complaint using our [online form](#) and a staff member will follow up with you.

Breastfeeding mothers are protected under anti-discrimination laws. No one can tell you to leave or cover up while nursing (RCW 49.60.030 and 49.60.215).

Breastfeeding in public is not considered indecent exposure (9A.88.010).

Breastfeeding mothers have the right to pump at work in a clean designated space (RCW 43.70.640).

Office on Women's Health, U.S. Department of Health & Human Services

[“Breastfeeding at Home, at Work and in Public”](#)

Additional resources

[“Breastfeeding During the COVID-19 Pandemic”](#)

[“Breastfeeding in a Pandemic?”](#)

[“Guidelines for Healthcare Facility Management of Perinatal Care of Persons with COVID-19 or Suspected COVID-19”](#)

[“Infant and Young Child Feeding in Emergencies, including COVID-19”](#)

This resource guide is a partnership with SW WA Healthy Families and Clark County Public Health

This is not a complete list of breastfeeding resources. Inclusion on this list does not imply approval nor does omission imply disapproval. Office hours and insurance policies subject to change. Call to confirm insurance/Apple Health (Medicaid), hours, languages and to make an appointment.

August 2021

